

CASTLE DENTAL CARE
We'll take care of you



Perio flow cleans deep into the periodontal pocket

First Floor,
Tangmere Square,
Castle vale,
Birmingham.
B35 6DL

Tel: 0121 747 6539

www.castledentalcare.org.uk

Our Mission Statement:

*“Our aim is to deliver
the highest standard
of care in a
comfortable and
friendly
environment.”*



Opening Hours
Monday 9am - 5.30 pm
Tuesday 9am - 5.30pm
Wednesday 8.30am - 5.00pm
Thursday 8.30am - 5.00pm
Friday 8.30am - 4.30 pm

Wheelchair access available



Leaflet revised 22/10/15

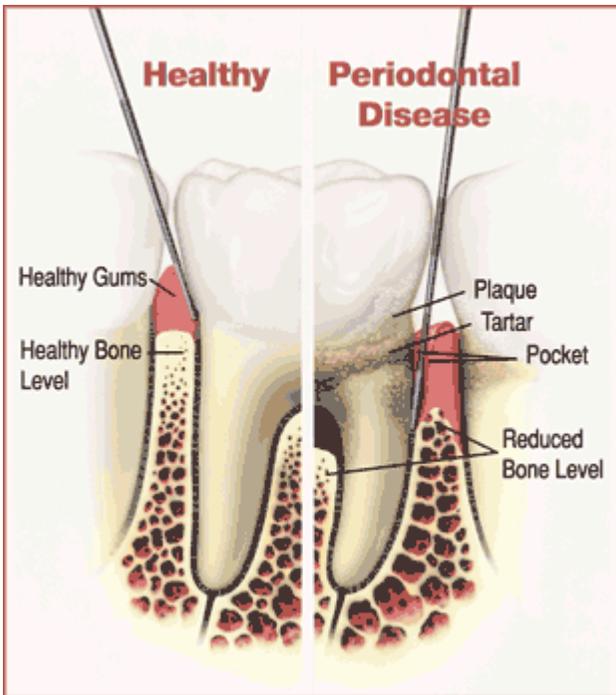
**Private
Periodontal
Treatments
From the
Dental Hygienist**



You have been given this leaflet because your Dentist has advised you that you have Gum Disease and you need treatment to stabilise your condition and improve the condition of your gums.

You may have noticed bleeding of your gums, bad breath or loose teeth. Or you may not have noticed any symptoms, especially if you are a smoker.

It is approximately from the age of 35 that more teeth are lost through gum disease than for any other reason. Gum disease is completely preventable and in the early stages curable. There is no reason why this should happen to you. With sufficient effort you can avoid gum disease



At Castle Dental Care we have a Hygienist who is highly trained to carry out treatments on your gums.

Depending on the severity of your disease we can offer you a course of treatment consisting of up to four 30 minute appointments. Or 2 - 1 hour appointments.

During these appointments measurements will be taken of the pockets around your teeth. These are taken as a baseline so at future appointments we can compare the measurements to check if the disease is improving.

We sometimes take plaque and bleeding indices where we measure the amount of plaque on your teeth and the bleeding sites as these are useful to highlight areas that need improvement in your oral hygiene. It is important that your oral hygiene is excellent as this will greatly improve the treatment outcome.

If you have four appointments we usually work on one 'quadrant' at a time. It is best if we use a local anaesthetic as we will be deep cleaning the teeth. This is called 'Root surface debridement'. This removes any calculus, plaque and toxins (Biofilm) under the gum line.

After the anaesthetic wears off the teeth will feel a little sensitive, but this quickly wears off. Sometimes a little gum recession will occur.

After the four appointments are completed we allow healing to take place before we probe the gums again. This usually takes 2 - 3 months.

At three months another pocket chart will be carried out to check the improvement in the pocket depths. A 20 minute appointment will be required for this.

If all oral hygiene procedures have been followed rigorously the treatment should be successful. Bleeding will stop, mobility can improve and pocket depths will be reduced.

30 minute appointments with the hygienist or Therapist cost £40 Each



Gingivitis is early gum disease



Healthy Gums

In addition to this treatment we can offer **Perio Flow**

Which is a painless treatment using an air-polisher to clean out the pocket using air, water and an antibacterial powder to remove all the biofilm from the periodontal pocket.

Ask your Dentist or Hygienist if you are suitable for this.

£12 supplement applies